

# ESW Newsletter

## TERM 2 2017



Kia ora koutou,

Daylight saving has finished and winter is on the way with cooler mornings, and typically during the winter months viruses are more prevalent. Remember to use your Zoono protection that McKenzie Centre has provided to help you to fight off colds and bugs. You only need to use one application, which will last all day, even after hand washing. Bring your applicator into McKenzie Centre to refill when you run out. Washing your hands regularly with soap and water is also an effective way to ward off bugs!



*“The goal is not to change who you are.....but to become more of who you are at your best” Sally Hogshead*

### Dates to Remember:

- ✚ Term 2 dates: The term commences on 1<sup>st</sup> May 2017 and the last day for the term is Friday 7<sup>th</sup> July 2017.
- ✚ Queen’s Birthday is Monday 5<sup>th</sup> June 2017, which is a public holiday.
- ✚ The ESW Workshop will be on Friday, 23 June 2017 from 1.00-2.30pm.
- ✚ Term 3 commences on Monday 24<sup>th</sup> July 2017.

### ESW Workshop, Term 2:

Topic: Specific, measurable and positive entries into the Communication Journal.

### House Keeping:

- ✚ Some new contracts have been sent out, so please sign these and return a copy to McKenzie Centre as soon as possible so that the admin team can enter your hours of employment into the computer system for the pay roll.
- ✚ If the name on your name badge has faded, bring it into McKenzie Centre and a new one will be printed.
- ✚ Attending IP meetings is part of your professional development. You are entitled to be paid for up to 1½ hours and should the meeting extend beyond this you can advise the Key Worker running the meeting that you need to leave.
- ✚ Don’t forget to update your contact details e.g. cell phone number, by phoning or emailing Sandra.
- ✚ Please refer to your handbook regarding the procedure to use when you are going to be away or when the child is away. You **must** inform our admin team.
- ✚ Communication Journals: Ensure that this is written in daily and if the journal is not available, write on paper and put it in the child’s bag.

### Relieving:

Sometimes we ask you to relieve with a child in an early childhood centre who you do not know. Please talk to the early childhood centre staff and ask them for support. An alternative would be that a staff member uses it as an opportunity to work 1:1 with the child, while you engage with other children at the early childhood centre.

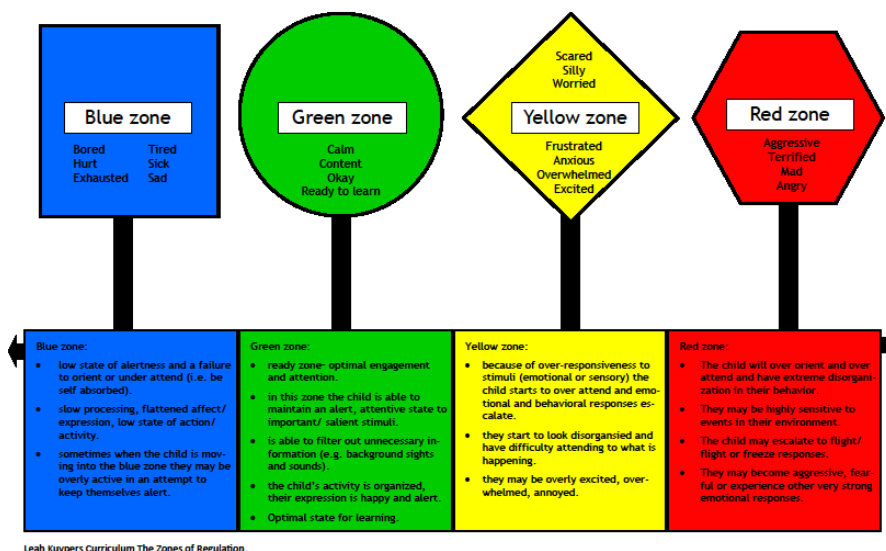
### Presentation:

There will be a presentation by Maria Lowe, Epilepsy Waikato Charitable Trust, on Wednesday 3<sup>rd</sup> May at 2.45pm. This will be held at McKenzie Centre and there is no charge.

## Zones of Regulation:

This was talked about at the ESW Workshop last term. Reflect on this and observe the children you work with, watch them as they move between the zones and then consider ways to keep them in the Green Zones which is where they are at their optimum for learning. You could discuss strategies with the child's Key Worker and to get more ideas of how to support the child you are working with.

Continuum of Sensory and Emotional Regulation—The Zones



## McKenzie Centre Website:

You will find our Parent and ESW newsletters online so you can keep up to date with us regularly i.e. [www.mckenziecentre.org.nz](http://www.mckenziecentre.org.nz)

Lillian does a great job of updating the website and Facebook. Have a look at the family newsletter each term to keep you up to date with Centre news. There are also photos from the Spectre Movie Evening and the children's Christmas party at McKenzie Centre.

Remember to contact us if you have any concerns or questions at any time. We are always happy to hear from you. Have a great term!

## Phone Extensions

Helen Gempton	ext 702, Business Manager
Trisha Bengé	ext 710, Centre Director
Sue Scott	ext 703, Physiotherapist
Claire Hintz	ext 708, Occupational Therapist
Anita Wilson	ext 703, Speech Language Therapist
Estelle Pretorius	ext 707, Speech Language Therapist
Suzanne Kok	ext 704, Early Intervention Teacher
Stephanie Wacker	ext 706, Early Intervention Teacher
Teresa Blake	ext 712, Early Intervention Teacher
Ruth Michels	ext 713, Early Intervention Teacher, Assistive Technology

## Useful Websites:

[www.suelarkey.com](http://www.suelarkey.com)

[www.pushplay.org.nz](http://www.pushplay.org.nz)

[www.downsyndrome.co.nz](http://www.downsyndrome.co.nz)

[www.autismhouse.org.nz](http://www.autismhouse.org.nz)

[www.nzgg.org.nz/asd](http://www.nzgg.org.nz/asd)

[www.asdguidelines.com](http://www.asdguidelines.com)

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